

Course Title: N 380 Health Promotion Across Lifespan

Course Description:

This course provides the nurse with the opportunity to interpret health promotion concepts and theories across the lifespan. Needs assessment, goal and objective formulation, program implementation, and evaluation will be included. Students will be given the tools and skills they need to design and conduct health promotion programs while incorporating relevant patient safety standards and goals. Theoretical models used to explain why people adopt or fail to adopt health promoting behaviors will also be addressed.

Course Objectives:

At the end of this course, the student will be able to:

1. Differentiate health promotion from wellness, disease prevention, and health protection perspectives.
2. Utilize technology and information resources to examine cultural resources that emphasize health promotion and disease prevention needs of diverse patient populations and other health care multidisciplinary teams.
3. Demonstrate competencies in the planning, development, implementation, and evaluation of quality and safe health promotion care in diverse populations.
4. Apply cultural and change theories in the management of clients in diverse health care and nursing environments.
5. Examine information resources and the impact of diversity on health disparities, information on the health beliefs of several minority groups, and case studies to enhance learning.
6. Utilize holistic and case study approach to examine the health promotion needs of client across the life span using development and other praxis theories.
7. Describe strategies for developing a holistic health promotion plan (wellness) for a selected age group.
8. Compare health-promotion strategies in each domain across the life span using selected national or international standard.
9. Conduct comprehensive and focused physical, behavioral, psychological, spiritual, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches.
10. Implement holistic, patient-centered care that reflects an understanding of human growth and development, pathophysiology, pharmacology, medical management, and nursing management across the health-illness continuum, across the lifespan, and in all healthcare settings.